

St Saviours' Roman Catholic Primary School – Year 1 Curriculum Newsletter

Class/Year Group: Year 1

Term: Autumn 2026

Teacher: Miss Gregory

Support Staff: Miss Dummett

✦ Our Curriculum Focus This Term

Our main focus this term is 'All About Me' offering a platform for self-discovery and building self-awareness. By exploring family, favourite things, feelings, and aspirations. Children learn what makes them special while appreciating others.

English

The children will be learning phonics every day. They will also be getting 4 new words to learn as spellings based on the texts we are looking at. During English lessons the children will be focusing on a range of fiction and non-fiction

Texts- Books we will be exploring this term are; Outcomes: Captions

- All the wonderful ways to move
- Maisy Goes on Holiday

Mathematics

Units this term include.

- Number: Place value (within 10)
- Number: Addition and Subtraction (within 10)
- Geometry: Shape

Practice tips: asking your child the question 'how many Can you see' can be an easy but fun game on the go.

Wider Curriculum

History/Geography

[Theme/enquiry Q]

History- Changes Within Living Memory:

Personal timeline: key life events: birth, baby, toddler, nursery school, year 1, new sibling.

We will also be looking at Florence Nightingale

Geography- Location: UK, London, Home

Skills we will be learning- Directional language- instructions for moving around the school.

Science

In Science this term we will be looking at animals including humans.

- What are our five senses?
- Which body part do we use for each sense?
- What are some of the amazing things we can do with our senses?

We will also be looking at seasonal changes: Autumn

Art/DT

Art: This term the children will be learning about 'Paint and Colour. Being able to understand what a portrait is and how to make one and what materials we can use.

DT: This term in DT the children will be looking at food. **Our Question-** What happens to popcorn when we heat it up?

Music

In year 1 we will be looking at a topic called 'sounds interesting' focusing on exploring sounds.

Computing- Online Safety

Children should be able to by the end of the term use technology safely and keep personal information private and not online.

By the end of the term the children will be able to use the technology purposefully

Physical Education (PE)

Multi- Skills- Will be with the Coach on Wednesday

PE Kits details- Please come in PE kits on PE days -Wednesday

More on Curriculum and Key School Events and Dates

 Catholic Life (RE) †  Topics: Catholic social teachings ‘Human Teachings’ This year we will be using ‘Lighting the pathway’ - Celebrations: Harvest Mass, All Saints’ Day, Advent liturgies, devotion to Mary • Class masses (Parents expected to attend) • Year 1 and Year 5 at Mass: Tuesday 29th September 2026 • Year 1, 3 and 5 at Mass: Tuesday 10th November 2026 • Whole school Christmas Mass: Thursday 17th December 2026	
 Reading & Homework Homework will be given out every Friday and children need to bring them back the following Wednesday • Daily reading at least 5-7 times a week, 10 minutes a day. To sign reading record and put the pages you have read • Weekly spelling practice • Green homework books with a maths and English task set and the spellings • Each child will get a CGP Maths book and a CGP English book.	 Key Dates • Meet the teachers: Tuesday 15th September. • Dressing Up – CAFOD Brighten Up your Day (fundraising) – Friday 9th October • Parents’ Evening- Tuesday 20th October (Day 1) 3:40 – 6:00pm • Dressing Up – Angels and Heroes – Friday 6th November (£2 per child) • Parents Evening- Tuesday 10th November (Day 2) 3:40 – 6:00pm • Inset Day: Monday 2nd November (No pupils in School) • Individual and Sibling photos: Friday 13th November • KS1 Nativity Play at 2:00pm: Tuesday 15th December • Christmas Dinner and Jumpers: Wednesday 16th December • Whole School Christmas Mass - Thursday 17th December (13:50)
Other Key Information  Attendance – Good attendance unlocks your child’s full potential. Every day in school counts – even missing one day can mean lost learning and gaps in understanding. Please support us by ensuring your child is in school every day, on time, so they can achieve their very best.  Punctuality – Every minute late is a minute of learning lost. Please ensure your child is in their class line by 8:50am. Kindly pick your child up promptly at 3:20pm.  School Uniform- Wearing the correct uniform shows pride in our school and helps every child feel ready to learn. We believe that parents have a duty to send their children to school correctly dressed and ready for their daily schoolwork. (Please read the school uniform policy for details)  How You Can Help at Home • Go on walks and having conversations about what they can see. • Reading with your child- You read a page, they read a page • Encourage children to practise times tables and mental maths daily • Read newspapers/articles/ magazines together to develop vocabulary and awareness of current issues	
 Contact: Please feel free to contact your child’s class teacher the school office email: admin2@stsaviours.lewisham.sch.uk and for SEN please contact SEN@stsaviours.lewisham.sch.uk We are happy to meet and discuss any concerns kindly make an appointment through the office. Please note at the start of the day teachers can only take a brief message and after school they may have meetings. We apologise if you cannot be seen at these times. A note in the child ‘home school reading log is welcome.	