



# Your strengths and the NHS

*Together we can make a difference!*

[www.stepintothens.nhs.uk/primary-schools](http://www.stepintothens.nhs.uk/primary-schools)

# What will you learn?

1. You will describe what you are like, what you are good at and what you enjoy doing.
2. You will talk positively about what you might like to do.
3. You will learn about people's rights to opportunities.
4. You will learn about the NHS and understand there are a wide range of jobs in the NHS.





# Who am I?

Self portrait activity

*Together we can make a difference!*

[www.stepintothens.nhs.uk/primary-schools](http://www.stepintothens.nhs.uk/primary-schools)

## Who am I?

Tell the person next to you one thing you really like doing and why.



Step into the NHS **Who am I?** NHS

Name: \_\_\_\_\_

<p>My favourite things</p> <p>Subject:</p> <p>Book:</p> <p>Food:</p> <p>TV show:</p> <p>Hobby:</p>	<p>I am good at...</p>
<p>Three words that describe me are...</p> <p>1.</p> <p>2.</p> <p>3.</p>	<p>Sometimes I need help with...</p>
<p>When I grow up, I want to be...</p>	<p>My family</p>

**Draw yourself or stick a selfie here**

*Together we can make a difference!*

# Who am I?

You are going to describe some of the things that make you who you are.

For example:

- What you are like
- What you are good at
- What you enjoy doing

## Who am I?

What do you think you might want to do when you grow up and why?

How do you think you can get there?





# Who am I?

“Like me” or “Not like me”

*Together we can make a difference!*

[www.stepintothens.nhs.uk/primary-schools](http://www.stepintothens.nhs.uk/primary-schools)



# Who am I?

Different jobs require different skills and knowledge.

Tick the things that are most like you.

Put a cross against the things that are least like you.

## "Like me" or "Not like me"

Tick the things that best describe you and put a cross against those least like you.  
You can add some descriptions of your own if you want to.

	Like me? ✓ or ✗		Like me? ✓ or ✗
Great at following instructions		Help to solve problems	
Patient		Cheerful and friendly	
Like being active		Natural leader	
A good listener		Don't lose concentration easily	
Can work with anyone		Like doing lots of different things	
Technology whizz		Organised	
Caring and kind		Like science	
Good at making decisions		Enjoy talking to people	
Work well in a team		Shy	
Creative person		Take responsibility for tasks	
Calm – even when things don't go to plan		I think I can do any job I want to in the future if I work for it	
Interested in food and cooking		Enjoy a challenge	

Are they any others you would like to include? Write these in the spaces below


Together we can make a difference!



## Who am I?

Describe yourself to the person next to you. Use the things you have ticked on the sheet to help you. Think about why you made those choices.



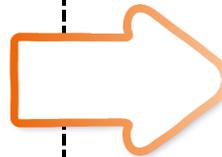
Did you learn something new about your partner?

## Who am I?

### Show of hands

Did you put a tick against this point?

I think I can do any  
job I want in the  
future if I work for it



Is there anything you  
think you can't do?  
If so, why?



# Did you *really* know?

Quiz time

*Together we can make a difference!*

[www.stepintothens.nhs.uk/primary-schools](http://www.stepintothens.nhs.uk/primary-schools)



# 1. Who employs the most people in the UK?

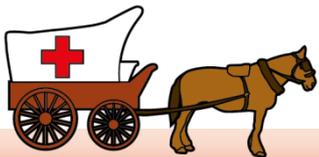
1. McDonalds

2. National Health Service (NHS)

3. Tesco

4. Google

The **NHS** employs the most **people** in the UK and is the largest employer in Europe.





## 2. How many children from our school are likely to work for the NHS in the future?

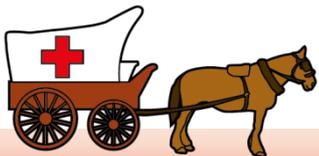
1. One person from our school will work there

2. One person from each key stage will work there

3. One person in every year group will work there

4. One person in nearly every class will work there

1.7 million people work for the NHS in the UK which means **someone in every class** is likely to work for the NHS in the future.





**3. If there were 100 NHS workers in a room, how many do you think would be doctors, nurses and midwives?**

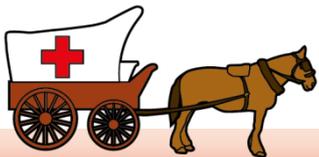
**1. All of them**

**2. More than half**

**3. Half of them**

**4. Less than half**

Less than half. It's **not just doctors, nurses and midwives** in the NHS. A lot of jobs have nothing to do with blood whatsoever!



## 4. How many different types of jobs or roles are there in the NHS?

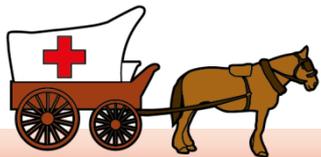
1. Over 350 different jobs

2. Around 250 different jobs

3. Almost 100 different jobs

4. Under 50 different jobs

There are **over 350 jobs** to explore  
in the NHS.



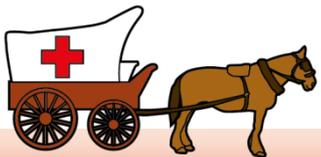


**5. You need to be top of the class in science and go to university to work for the NHS.**

**True**

**False**

False. There are **lots of jobs in the NHS that are not science-based.** You don't need to go to university for them all either. You can enter different jobs in a variety of ways.





## 6. Which of these jobs can you do for the NHS?

1. Gardener

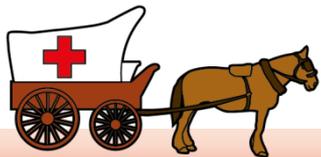
2. Driver

3. Surgeon

4. Chef



You can do **all of these jobs** and so many more for the NHS.

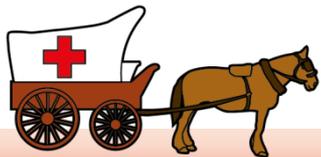


## 7. Can men be midwives and nurses? True or false

True

False

Yes. Men and women can both be midwives so long as they have all the same training and skills.



## 8. Which of these jobs can be only be done by a man or a woman?

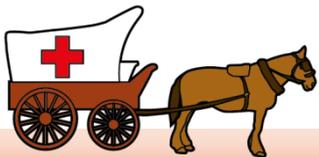
1. Surgeon

2. Children's nurse

3. Paramedic

4. Doctor

**They can all be done by men or women.** Different people will prefer to do different jobs. One might love caring for children and become a nurse for the NHS. Another might choose to train as a surgeon.



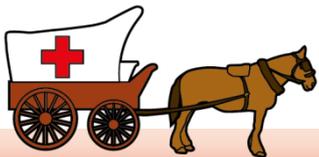


**9. Everyone has the same opportunities to do a job as each other? True or false**

**True**

**False**

True. Everyone has the **same rights**  
**to opportunities** as each other.





**10. The NHS has been helping us for many years, but in which year was it born?**

**a) 1978**

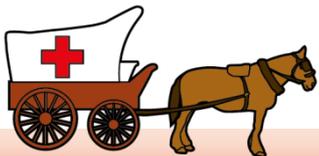
**b) 1918**

**c) 1998**

**d) 1948**

## d) The NHS was launched in 1948

It was set up to provide free healthcare to everyone and employed 144,000 people in 1948.





# What did you learn?

Learning outcomes

*Together we can make a difference!*

[www.stepintothens.nhs.uk/primary-schools](http://www.stepintothens.nhs.uk/primary-schools)

# Learning outcomes

- You can describe what you are like, what you are good at and what you enjoy doing.
- You can talk positively about what you might like to do.
- You know there is no such thing as a man's or woman's job. You have the same rights to opportunities as each other.
- You know about the NHS and understand there are a wide range of jobs in the NHS.

